



Proclamation

In Recognition of

US VegWeek

WHEREAS, recent studies and reports have demonstrated that we can lower our carbon footprint simply by reducing the amount of animal-based foods we eat; and

WHEREAS, a plant-based diet has been shown to use fewer resources and cause less pollution; and

WHEREAS, more than two-thirds of the adult population in the United States and nearly a third of children and teens are overweight or obese, and obesity is associated with a higher risk of various health ailments including heart disease and type-2 diabetes; and

WHEREAS, the American Dietetic Association recognizes "appropriately planned vegetarian diets...may provide health benefits in the prevention and treatment of certain diseases: and the vegetarians tend to have lower rates of heart disease, obesity, hypertension and type-2 diabetes; and

WHEREAS, a growing number of people are reducing their meat consumption to help prevent animal cruelty; and

WHEREAS, national nonprofit organization Compassion Over Killing encourages people to choose vegetarian foods as a way to help build a kinder, cleaner and healthier world, and municipalities across the country have officially recognized the organization's US VegWeek program to that end;

THEREFORE I, DAVID Y. IGE, Governor, and I, SHAN S. TSUTSUI, Lieutenant Governor of the State of Hawai'i, do hereby proclaim April 20 - 26, 2015 as

"US VEGWEEK"

in Hawai'i, and encourage the citizens of the Aloha State to join us in encouraging restaurants, schools, grocery stores and other organizations to offer a greater variety of vegetarian foods.

DONE at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, on this twentieth day of April 2015.

DAVID Y. IGE
Governor, State of Hawai'i

SHAN S. TSUTSUI
Lt. Governor, State of Hawai'i