

Hawai'i Family Caregiver Coalition

WHEREAS, November is designated National Family Caregivers Month in recognition of the devoted family, friends and neighbors who provide for the health and well-being of elderly or disabled relatives and look after each other's needs; and

WHEREAS, the Hawai'i Family Caregiver Coalition (HFCC), composed of government agencies, nonprofit associations, advocacy groups and businesses, was founded in 2004 to develop new partnerships that address the needs of family caregivers in the state; and

WHEREAS, the mission of HFCC is to improve the quality of life for families with elderly or disabled relatives, increase community awareness of caregiver issues through advocacy, education and training, and provide access to affordable quality resources and services; and

WHEREAS, Hawai'i's rapidly aging population is expected to increase with more than 1 in 5 being over the age of 65 by the year 2030; and

WHEREAS, family caregivers are responsible for daily living tasks, medication, transportation, communication with health professionals, and decision-making for their loved ones during medical appointments and hospitalizations; and

WHEREAS, family caregivers have the best interests of their loved ones at heart and remain the most important source of support to older adults, improving quality of care and reducing the use of nursing home and inpatient hospital care; and

WHEREAS, family caregivers bring comfort, love, compassion and stability for their loved ones as they themselves face physical and mental challenges in learning the skills needed to perform critical medical and nursing tasks at home and balancing work and family, along with financial hardship; and

WHEREAS, a healthy diet, proper rest and other quality initiatives promoting good health for caregivers is essential since the strength, energy and stamina of family caregivers are just as important as the care for our elders; and

WHEREAS, the first rule of taking care of others is to take care of yourself first:

THEREFORE I, DAVID Y. IGE, Governor, and I, SHAN S. TSUTSUI, Lieutenant Governor of the State of Hawai'i, do hereby proclaim November 2016 as

"FAMILY CAREGIVERS MONTH"

in Hawai'i to honor our kupuna, show support for the care of the caregivers, and recognize that family caregivers play a critical role in meeting the needs of our kupuna and relatives with chronic conditions or disabilities.

DONE at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, on this tenth day of November 2016.

Governor, State of Hawai'i

SHAN S. TSUTSUI Lt. Governor, State of Hawai'i