

Proclamation In Recognition of

Diabetes Awareness Month

WHEREAS, diabetes affects 30.3 million people, or 9.4 percent of the population of the United States, with another 84.1 million adults, or 33.9 percent of the population with prediabetes; and

WHEREAS, diabetes is a serious disease with no known cure and is the seventh leading cause of death in the United States, with almost a fourth of those with the disease remaining undiagnosed; and

WHEREAS, Type 2 diabetes is the most common form of diabetes and occurs when there is a problem with an individual's body that causes blood glucose (sugar) levels to rise higher than normal causing hyperglycemia; and

WHEREAS, about 5 percent of Americans with diabetes have Type 1 diabetes, an autoimmune disease that strikes mostly children and young adults and comes on suddenly and causes dependence on injected or pumped insulin for life; and

WHEREAS, in Hawai'i, one in three residents--more than 600,000 people--have prediabetes or diabetes, with the number being closer to one in every two persons in minority communities; and

WHEREAS, every day, 21 people in the State of Hawai'i are diagnosed with diabetes; and

WHEREAS, the annual health care costs for a person with diagnosed diabetes are 2.3 times higher than for a person without diabetes, amounting to an estimated total cost of \$1.5 billion in Hawai'i; and

WHEREAS, Hawai'i has the highest rate of gestational diabetes in the nation at 8.7 percent, with approximately 60 percent of those afflicted likely to develop Type 2 diabetes within 10 years; and

WHEREAS, complications of diabetes include heart disease, stroke, blindness, kidney disease, periodontal disease, amputation and death; and

WHEREAS, small steps can be taken, such as increased physical activity and healthy eating, to decrease the chances of developing Type 2 diabetes by almost 58 percent; and

WHEREAS, the mission of the American Diabetes Association is to prevent and cure diabetes and to improve the lives of all people affected by the disease;

THEREFORE I, DAVID Y. IGE, Governor, and I, SHAN S. TSUTSUI, Lieutenant Governor of the State of Hawai'i, do hereby proclaim November 2017 as

"DIABETES AWARENESS MONTH"

in Hawai'i and ask the people of the Aloha State to join us in recognizing the critical importance of diabetes awareness, prevention, detection, and disease management as a way to lower the incidence and complications from this serious disease and enhance the overall health and quality of life of everyone in our islands.

DONE at the State Capitol, in Executive Chambers, Honolulu, State of Hawai'i, this third day of October 2017.

DAVID Y. IGE

Governor, State of Hawai'i

SHAN S. TSUTSUI

Lt. Governor, State of Hawai'i